

Name: _____

Class: _____

My E-lesson

Module 4: My Personality Traits

My Life Planning Footprints ④ “From Personality Traits to Career Development”

Step 1: Refer to the results of Activity 3 “Understanding My Personality Traits”, choose one personality trait that you are proud of and explain how you display this trait in your daily life. How does this personality trait help with your career development? (For example: interest development, getting along with others, learning new knowledge, decisions for further studies and employment, achieving goals, etc.)

The trait that I am proud of: _____

How is it shown in daily life? _____

How can it help with your career development? _____

Step 2: Choose a personality trait that you think having a negative impact on your career development and give reasons. Suggest three action plans for improvement.

The trait which may have a negative impact on your career development:

How is your career development being affected? _____

Plans to improve such personality trait: 1. _____

2. _____

3. _____